ELCAT PROGRAM SCHEDULES APRIL & MAY, 2017 Monday, April 3 - Sunday, May 28

| CHANNEL 191 | Public Access | & | Community | Programming |
|--------------------|----------------------|---|------------------|--------------------|
|--------------------|----------------------|---|------------------|--------------------|

| MONDAY | TUESDAY | WEDNESDAY | , THURSDAY | FRIDAY | SAT/SUN |
|-----------------------------------|--------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---|
| 7:00 am ELCAT News Update | 7:00 am ELCAT News Update | 7:00 am ELCAT News Update | 7:00 am ELCAT News Update | 7:00 am ELCAT News Update | 7:00 am ELCAT News Update |
| 7:30 am Physician Focus | 7:30 am Health /Public Safety | 7:30 am Eat Well Be Happy | 7:30 am Physician Focus | 7:30 am Health / Public Safety | 7:30 am Library Programs / Redemption Gate |
| 8:00 am Reality Cooking | 8:00 am Environmental Awakening | 8:00 am Physicians Focus | 8:00 am Reality Cooking | 8:00 am Enviornmental Awakening | 8:30 am Authors / Council on Aging |
| 8:30 am Senior Friendship Club | 8:30 am All Aboard | 8:30 am Council On Aging | 8:30 am Senior Friendship Club | 8:30 am All Aboard | 9:30 am Enviornmental Awakening /Hobbies |
| 9:30 am Painting Journey | 9:00 am Library Programs | 9:30 am Authors | 9:30 am Painting Journey | 9:00 am Library Programs | 10:00 am Local Places / Federated Church |
| 10:30 am General History | 10:00 am Authors | 10:30 am Local Places | 10:30 am General History | 10:00 am Authors | 11:00 am Out and About with Al & Sue/ Evangel Assem |
| 11:30 am Eat Well Be Happy | 11:00 am Senior Friendship Club | 11:00 am Painting Journey | 11:30 am Eat Well Be Happy | 11:00 am Senior Freindship Club | NOON ELCAT News Update |
| | NOON ELCAT News Update | NOON ELCAT News Update | " | NOON ELCAT News Update | 12:30 pm Events Bulletin Board |
| NOON ELCAT News Update | 12:30 pm Events Bulletin Board | 12:30 pm Events Bulletin Board | NOON ELCAT News Update | 12:30 pm Events Bulletin Board | |
| 12:30 pm Events Bulletin Board | | ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' | 12:30 pm <i>Events Bulletin Board</i> | | 1:00 pm Council on Aging / Library Programs |
| | 1:00 pm School Events | 1:00 pm Senior Friendship Club | l ' | 1:00 pm School Events | 2:00 pm Hobbies/ Country Music |
| 1:00 pm Authors | 2:30 pm Civic Clubs- Rotary / Garden | 2:00 pm Hobbies | 1:00 pm Authors | 2:30 pm Civic Clubs - Rotary / Garden | 2:30 pm All Aboard / Jessersize |
| 2:00 pm Hobbies | 3:30 pm Country Music | 2:30 pm Senior Affairs | 2:00 pm Hobbies | 3:30 pm Country Music | 3:00 pm Statehouse / Senior Affairs |
| 2:30 pm Baby Blue Arts Music | 4:00 pm Council on Aging | 3:30 pm Library Programs | 2:30 pm Baby Blue Arts Music | 4:00 pm Council on Aging | 4:00 pm Eat Well Be Happy / All Aboard |
| 3:30 pm Library Programs | 5:00 pm Across New England | 4:30 pm America & the World | 3:30 pm Library Programs | 5:00 pm Across New England | 4:30 pm Physicians Focus / Museums |
| 4:30 pm Out & About with Al & Sue | 6:00 pm Hobbies | 5:00 pm Country Music | 4:30 pm Out & About with Al & Sue | 6:00 pm Hobbies | 5:00 pm Health & Public Safety / Civic Clubs -Lions |
| | 6:30 pm Events Bulletin Board | 6:30 pm Events Bulletin Board | | 6:30 pm Events Bulletin Board | 5:30 pm Senior Friendship Club / Authors |
| 6:30 pm Events Bulletin Board | l ' | | 6:30 pm Events Bulletin Board | | 6:30 pm Events Bulletin Board |
| 7.00 | 7:00 pm ELCAT News Update | 7:00 pm ELCAT News Update | | 7:00 pm ELCAT News Update | ' |
| 7:00 pm ELCAT News Update | 7:30 pm Out and About with Al & Sue | 7:30 pm School Events | 7:00 pm ELCAT News Update | 7:30 pm Out and About with Al & Sue | 7:00 pm ELCAT News Update |
| 7:30 pm ELCAT Sports | 8:30 pm White House Chronicles | 9:00 pm DW Conflict Zone | 7:30 pm ELCAT Sports | 8:30 pm White House Chronicles | 7:30 pm ELCAT Sports / School Concerts/Events |
| 9:00 pm America & the World | 9:00 pm DW Conflict Zone | 9:30 pm Valley Homegrown | 9:00 pm America & the World | 9:00 pm DW Conflict Zone | 9:00 pm General History / Out and About |
| 9:30 pm Public Domain Movies | 9:30 pm NASA 360 | 10:30 pm Steve Katsos Show | 9:30 pm Public Domain Movies | 9:30 pm NASA 360 | 10:00 pm NASA 360 / Baby Blue Arts Music |
| 11:00pm ELCAT News Update | 10:00 pm Statehouse Sessions | 11:00 pm ELCAT News Update | 11:00pm ELCAT News Update | 10:00 pm Statehouse Sessions | 10'30 pm America & the World / Local History |
| | 11:00 pm ELCAT News Update | I | I | 11:00pm ELCAT News Update | 11:00 pm ELCAT News Update |
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CHANNEL 192 East Longmeadow Town Government

11:00pm ELCAT News Update

11:00pm ELCAT News Update

Meetings air continuously on a 12-hour schedule in the order below. Rotation begins at 7:00 pm, and again at 7:00 am the next day, with the most recent meeting of each board beginning the rotation on the day indicated...

| 11:30 am 11: | Monday 7:00pm | Tuesday 7:00pm | Wednesday 7:00pm | Thursday 7:00pm | Friday 7:00pm | Sat 7:00pm Sun 7:00pm |
|--|--|--|---|--|---|--|
| 7:00 am ELCAT News Update 7:00 am Captivine 7:00 am ELCAT News Update 7:00 am ELCAT News Update 7:00 am ELCAT News Update 7:00 am Solvijime 7:00 am ELCAT News Update 7:00 am ELCAT News | Library Trustees | School Committee | TOWN COUNCIL | Planning Board | Public Works | Assessors |
| 9:00 pm Out and About with Al & Sue 10:00 pm Local History 9:00 pm America & The World 10:00 pm Statehouse Sessions 10:00 pm Statehouse Sessions 10:00 pm Statehouse Sessions 10:00 pm America & The World 10:00 pm Statehouse Sessions 11:00 pm Statehouse Sessions 11:00 pm Statehouse Sessions 11:00 pm Statehouse Sessions 11:00 pm ELCAT News Update 11:00 pm ELCAT News Update | CHANNEL 193 Schools & 7:00 am ELCAT News Update 7:30 am Childrens Corner 8:00 am Small Factory 8:30 am Storytime 9;00 am Science Digest 9:30 am Nasa TV 10:00 am Expedition New England 10:30 am Childrens Library programs 11:30 am Eat Well Be Happy NOON ELCAT News Update 12:30 pm School Events 2:30 pm Strata Archaeology 3:00 pm Dr Careys's Baby Care 3:30pm All Aboard 4:00 pm Pathways for Parents 5:00 pm General History 6:00pm Museums 6:30pm Hollywood Makeover (Teens) 7:00 pm ELCAT News Update 7:30 pm ELCAT Sports 9:00 pm Out and About with Al & Sue | Educational Programn 7:00 am ELCAT News Update 7:30 am Storytime 8:00 am Ben and Bella 8:30 am Pathways for Parents 9:30 am Museums 10:00 am Beatiix Potter Stories 10:30 am Issues in Education 11:00 am Science Digest 11:30 am NASA TV NOON ELCAT News Update 12:30 pm Cut and About w Al & Sue 2:00 pm Strata Archeology 2:30 pm Childrens Corner 3:00 pm General History 3:30 pm SciFi Theatre 5:00 pm Eat Well Be Happy 5:30 pm NASA 360 6:00 pm DW Tomorrow Today 6:30 pm Events bulletin Board 7:00 pm ELCAT News Update 7:30 pm Spartan Center w Colin Casey | 7:00 am ELCAT News Update 7:30 am Local Kids 8:00 am Childrens Corner 8:30 am Dr. Carey's Baby Care 9:00 am Pathways for Parents 10:00 am Museums 11:00 am Expedition New England 11:30 am All Aboard NOON ELCAT News Update 12:30 pm Events Bulletin Board 1:00 pm Hobbies 2:00 pm Authors 3:00 pm Science Digest 3:30 pm NASA 360 4:00 pm The Folklorist 5:00 pm General History 6:00 pm ELCAT News Update 7:00 pm ELCAT News Update 7:00 pm Strata Archaeology 8:30 pm Strata Archaeology 8:30 pm SCI Fi Theatre | 7:00 am ELCAT News Update 7:30 am Childrens Corner 8:00 am Small Factory 8:30 am Storytime 9:00 am Science Digest 9:30 am Nasa TV 10:00 am Expedition New England 10:30 am Childrens Library programs 11:30 am Eat Well Be Happy NOON ELCAT News Update 12:30 pm Events Bulletin Board 1:00 pm School Events 2:30 pm Strata Archaeology 3:00 pm Dr Carey's Baby Care 3:30pm All Aboard 4:00 pm Pathways for Parents 5:00 pm General History 6:00pm Museums 6:30pm Hollywood Makeover (Teens) 7:00 pm ELCAT News Update 7:30 pm ELCAT Sports 9:00 pm Out & About with Al & Sue 10:00 pm Local History | 7:00 am Storytime 8:00 am Ben and Bella 8:30 am Pathways for Parents 9:00 am Museums 10:00am Beatrix Potter Stories 10:30 am Issues in Education 11:00 am Science Digest 11:30 am NASA TV NOON ELCAT News Update 12:30 pm Out and About w Al & Sue 2:00 pm Strata Archeology 2:30 pm Childrens Corner 3:00 pm General History 3:30 pm General History 3:30 pm SciFi Theatre 5:00 pm Eat Well Be Happy 5:30 pm NASA 360 6:00 pm DW Tomorrow Today 6:30 pm Events bulletin Board 7:00 pm ELCAT News Update 7:30 pm Spartan Center w Colin Cas 9:00 pm Statehouse Sessions | 7:00 am ELCAT News Update 7:30 am Flash Gordon / Science Digest 8:00 am Small Factory / Childrens Corner 8:30 am Ben & Bella / Captain Z-RO 9:00 am Captain ZRO / NASA TV 9:30 am Local Places / Donkey Ollie 10:00 am Dr. Carey's Baby Care / Science Digest 10:30 am Hollywood Makeover (Teens) / Ben & Bella 11:00 am Hobbies / Hollywood Makeover (Teens) 11:30 am The Folklorist / Small Factory NOON ELCAT News Update 12:30 pm Events Bulletin Board 1:00 pm School Concerts / Events (Sat & Sun) 2:30 pm All Aboard / Strata Archaeology 3:00 pm Science Digest / Expedition New England 3:30 pm Authors / Local Places 5:00 pm Authors / Local Places 5:00 pm America & the World / The Folklorist 5:30 pm Out and About / DW Tomorrow Today 6:30 pm Events bulletin Board 7:00 pm ELCAT News Update 7:30 pm ELCAT Sports / School Concerts & Events 9:00 pm White House Chronicles / SciFi Theatre 9:30 pm Statehouse (long) Sessions |

11:00pm ELCAT News Update