

# DIGITAL TOOLS

Access Your Health  
Plan Benefits Anywhere



## Member Portal + Mobile App

Login or activate your secure online account at [mytuftshealthplan.com](http://mytuftshealthplan.com) OR download the “Tufts Health Plan” mobile app to access all of your health plan benefits information.



**Simplicity,  
Security & Savings**

## LEARN MORE

Visit [tuftshealthplan.com/DigitalTools](http://tuftshealthplan.com/DigitalTools) or ask your employer



## Telehealth Virtual Health Care

Set up your account at [tuftshealthplan.com/teladoc](http://tuftshealthplan.com/teladoc). Access a U.S. based, board-certified doctors 24/7, by phone or mobile app worldwide for everyday care, behavioral health and dermatology services.



## Treatment Cost Estimator + Provider Search

Login to your secure account to find a doctor, estimate your out of pocket costs, and get the quality care from the provider that will save you money and fits into your budget.



## MyRewards

Sign up for MyRewards when you shop for services like mammograms and MRIs, and earn up to \$100 per each service.\*



## MyWire

Text “THP” to 73529 to enroll, and stay informed with secure, personalized text messages.

