

# EYE CARE BENEFITS

Access to 61,000  
Eye Care Providers



## Coverage Through the EyeMed Vision Care Network

Tufts Health Plan offers coverage for routine eye exams and other vision services through the EyeMed Vision Care network.



### You're Covered

Coverage through our  
EyeMed Vision Care Providers

LENSCRAFTERS<sup>SM</sup>



— EST. 1961 —  
PEARLE OOVISION<sup>SM</sup>

## Access Routine Eye and Vision Care Services

1. Use [tuftshealthplan.com](https://tuftshealthplan.com) or our mobile app and click on “Find a Doctor” to find an eye care provider in the EyeMed network. (Or to check if your eye doctor is in the network).
2. Visit a provider in the EyeMed network to receive the highest level of coverage for routine eye exams.

## Discounts on Glasses and Contacts

When you use eye care providers in the EyeMed network:

- **Save 35%** on the price of frames and get discount prices on lenses when you buy a pair of glasses.<sup>1</sup>
- **Save 20%** on the price of nonprescription sunglasses.
- **Save 5%-15%** on the price of LASIK and PRK laser vision correction. For a location near you and approval for the discount, please call 877.5LASER6.
- Order contact lenses for less than the retail price and have them shipped to your home or office. Visit [contactsdirect.com](https://contactsdirect.com), [lenscrafterscontacts.com](https://lenscrafterscontacts.com) or [targetoptical.com](https://targetoptical.com) to purchase contact lenses online.<sup>2</sup>

<sup>1</sup> Discounts may not apply to some frames. Prices may vary by retail store.

<sup>2</sup> The cost of a contact lens evaluation and fitting is not covered by your eye care benefit, so you will need to pay for these services.

## What Is Typically Covered?

Routine eye exams may include some or all of the following services:

- A review of the history of your eyes and vision, along with a general health history
- A discussion of any vision problems
- An exam of the inside and outside of your eyes and of the areas around your eyes
- A measure of the pressure in your eyes
- Dilation to make your pupils larger so that your eye care provider can see and check the entire inside of your eye
- A measure of how well you see close up and at a distance
- A test of your vision to see if you need prescription glasses and whether or not you can use contact lenses
- A treatment plan, follow-up eye exams, and eye health advice

## Eye Care Providers

- **Optician:** An eye care provider who reads vision prescriptions and helps you choose the glasses, contact lenses, and other eye aids that are right for you
- **Optometrist (O.D.):** A licensed eye care provider who performs eye exams and other eye care services, and prescribes glasses, contacts, and other vision aids
- **Ophthalmologist (M.D.):** An eye doctor who performs eye exams, treats eye disease, conducts surgery, and prescribes glasses, contacts, and other vision aids

### FOR MORE INFORMATION

Visit [tuftshealthplan.com/EyeMed](https://tuftshealthplan.com/EyeMed)  
or call 866.504.5908

**Important:** Providers within the EyeMed network are able to meet your routine eye care and certain medical optometry needs. However, if you need to see an ophthalmologist to treat or monitor an eye disease or condition, be sure to confirm that the ophthalmologist is in the Tufts Health Plan network. If your plan requires a referral for specialty care, you will need to get one from your Primary Care Provider.