

The New Look of NICOTINE ADDICTION



Did you know?

In Massachusetts, almost 24% of high-school students report currently using e-cigarettes, and nearly half tried them at least once. More high school students used e-cigarettes than all other tobacco products combined, AND they used them nine times more often than adults.

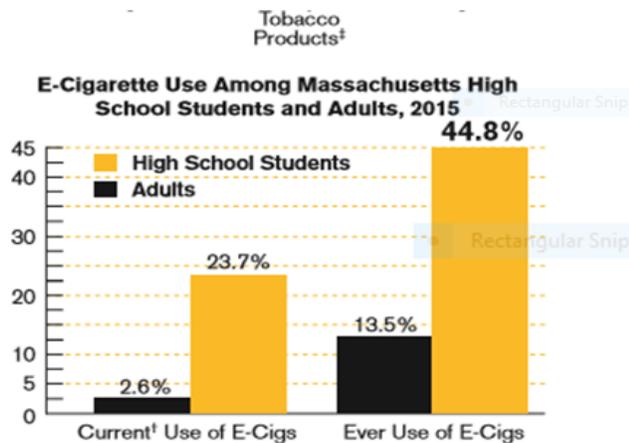
Vape pens and e-cigarettes are not harmless. They contain nicotine and other harmful chemicals.

Please join the East Longmeadow Youth Safety Committee

on March 14th, from 6:30-7:45PM

at East Longmeadow High School

to learn about the DANGERS of VAPING and E-CIGS!



[†] Use in the past 30 days.

[‡] Any tobacco is defined as cigarettes, cigars (including little cigars and cigarillos), and smokeless tobacco (such as chewing tobacco, snuff, or dip).

Easy to Get: These products are at gas stations, corner stores, mini-marts, and many more types of stores.



Talk with your kids!

Talk with your teens about vaping and make sure they know it's harmful. Nicotine can damage a teenager's developing brain and lead to addiction. The earlier they start, the harder it is to quit.

East Longmeadow Youth Safety Committee
"Empowering our youth to make healthy choices"



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