



**TOWN OF EAST LONGMEADOW
RECREATION**
Fun Happens Here.

**328 NORTH MAIN STREET
EAST LONGMEADOW, MA 01028**

Monday-Wednesday, Friday: 8:00 PM - 4:00 PM
Thursday: 8:00 AM - 6:00 PM
Registration: elrec.recdesk.com
recreation@eastlongmeadowma.gov
(413) 525-5437

BASEBALL

EVALUATION SCHEDULE FOR SPRING 2019 TEAMS

JLS8u: Players cannot be 9 years of age prior to May 1, 2019. *Only for players who want to be considered for competitive travel teams.* Players will be placed in this division on the basis of evaluated ability. Players in this age group who do not participate in an evaluation process or do not demonstrate having achieved sufficient skills will be placed on a team in the in-town, coach-pitch "Pinto" division in spring 2019.

Dates: Thursday, 9/13 and Friday, 9/14 (Thursday, 9/27 as rain date)

Location/Time: Blackman Field at Heritage Park; 5:15 to 7:30 PM with registration beginning at 5:00 PM.

Contact Info: Chad Ruel, ruelgogo222@aol.com

JLS10u: Players cannot be 11 years of age prior to May 1, 2019

Dates: Monday, 9/17 and Tuesday, 9/18 (Thursday, 9/27 as rain date)

Location/Time: Leahy Field; 5:15 to 7:30 PM with registration beginning at 5:00 PM.

Contact Info: Tom Reilly, reilly.t@charter.net

JLS12u: Players cannot be 13 years of age prior to May 1, 2019

Dates: Monday, 9/10 and Tuesday, 9/11 (Thursday, 9/27 as rain date)

Location/Time: Memorial Field at Heritage Park; 5:15 to 7:30 PM with registration beginning at 5:00 PM.

Contact Info: Tim Garstka, tgarstka1973@me.com

JLS14u: Players cannot be 15 years of age prior to May 1, 2019

Date: Monday, 9/24 (Tuesday, 9/25 as rain date)

Location/Time: Varsity Field at ELHS; 5:15 to 7:30 PM with registration beginning at 5:00 PM.

Contact Info: Matt Smith, msmith@westfieldplating.com

Waivers must be signed at the field prior to participation. Registration begins in January 2019.

ADULT FITNESS CLASSES

CARDIO STRENGTH, \$50

Classes: Monday & Wednesday, 6-7 PM (no class on holidays or school breaks)

Start Date: September 10

YOGA, \$40

Participants must bring own mat.

Classes: Monday, 7-8 PM (no class on holidays)

Start Date: September 10

Winter session will begin in November and run 8 weeks.

Note: Instructors will notify class of cancellations and make-up classes. It is recommended to purchase your own mat for Yoga. All classes held at Pleasant View Senior Center.

BITTY BASKETBALL

	Pre-K & K	Boys & Girls
Registration:	October 1 - November 1, \$40	
Start Date:	December 15 (subject to change)	

This youth development program is designed to introduce the game with an emphasis on fundamentals. "Bitty Basketball" players will learn the rules of the game, meet new friends, and have fun! This program is for East Longmeadow residents only. The time blocks for this program will be 8:30 AM or 9:30 AM on Saturdays. Children are placed into groups by age.

BUS TRIP

New England Patriots @ New York Jets, November 25
MetLife Stadium, East Rutherford, NJ
1:00 PM KICKOFF

\$150 / Person - Includes ticket, bus transportation, lunch. Included in your payment is a seat on a chartered bus, ticket to the game in section 317 and a packed lunch. Take a relaxed trip to the stadium, enjoy a movie along the way, as well as, have time to play in the Jets Kids Zone before kick-off. Bus leaves from Recreation Department at 8:00 AM.

RECREATION POLICIES & HANDBOOKS

The complete policy documents for the East Longmeadow Recreation Department are available online. It is recommended that you review these documents prior to registration for any program. To view them, visit elrec.recdesk.com and follow the link titled 'Forms & Documents.'

BASKETBALL

Recreation League Grades 1 - 8 Boys & Girls
Registration: September 15-November 1
Start Date (Games): December 8 (subject to change)

Grades 1 & 2 \$80 Grades 3 & 4 \$100
Grades 5 & 6 \$110 Grades 7 & 8 \$110

Recreation Evaluation Information

(please check in 15 min. early)

November 3rd Birchland Park Middle School
Grades 7 & 8 Girls: 10:30 AM Boys: 11:30 AM
Grades 3 & 4 Girls: 12:30 PM Boys: 1:30 PM
Grades 5 & 6 Girls: 2:30 PM Boys: 3:30 PM

IMPORTANT: Girls 5/6 & 7/8 will be joining Quabbin Valley league, which requires out-of-town travel. Games will be Jan-Mar, mainly on weekends but mid-week is a possibility. This league provides an opportunity to play against other local recreation teams.

High School League Grades 9 - 12 Boys & Girls
Registration: November 15-December 15, \$110
Start Date (Games): January 5, 2019 (subject to change)

Travel Basketball Grades 3 - 8 Boys & Girls
Registration: September 15-October 15, \$175

Travel Evaluation Information

Birchland Park Middle School
October 16 October 17
3/4 Girls 4:30-5:45 PM 3/4 Boys 4:30-5:45 PM
5/6 Girls 6:00-7:15 PM 5/6 Boys 6:00-7:15 PM
7/8 Girls 7:30-8:45 PM 7/8 Boys 7:30-8:45 PM

October 18 October 19
5/6 Girls 4:30-6:15 PM 5/6 Boys 4:30-6:15 PM
7/8 Girls 6:30-8:15 PM 7/8 Boys 6:30-8:15 PM

Participants must be registered in the appropriate league prior to evaluations in order to attend. No walk-up registrations will be allowed.

FREE BASKETBALL CLINIC

Birchland Park MS Grades 3 - 8 Boys & Girls
Preseason clinic for ALL East Longmeadow basketball players. You must be registered in an ELRD basketball program prior to attending.

October 2nd
3/4 Boys: 4:30 PM 5/6 Boys: 6:00 PM 7/8 Boys: 7:30 PM

October 3rd
3/4 Girls: 4:30 PM 5/6 Girls: 6:00 PM 7/8 Girls: 7:30 PM

October 9th
3/4 Girls: 4:30 PM 5/6 Girls: 6:00 PM 7/8 Girls: 7:30 PM

October 10th
3/4 Boys: 4:30 PM 5/6 Boys: 6:00 PM 7/8 Boys: 7:30 PM

MARLINS COMPETITIVE SWIM

Ages 6 - 18
Registration: August 27-October 1, \$195
Start Date: October 9
**High School swimmer rates are available*

This program is offered for boys and girls who want to develop their swimming skills and be part of a competitive team. Participants must be able to swim twenty-five (25) yards freestyle. Evaluations for new swimmers will be October 9. Practice groups will be assigned via email after evaluations.

1st Practice 5:30-6:15 PM
2nd Practice 6:15-7:15 PM
3rd Practice 7:00-8:45 PM

Swimmers must participate in meets. Parents are required to volunteer during swim meets.

WINTER CHEER

Grades 3 - 8
Registration: November 1-January 2, \$80
Start Date: January 8
Tuesday/Thursday, 6:00-8:00 PM

Winter Cheer is an instructional program designed to introduce new participants to the skills and conditioning exercises required for cheerleading. Skills include tumbling, stunting, jumping, and dance. The purchase of additional uniform/equipment may be required. Participants will cheer at Thunderbirds game on March 22nd.

YOUTH WRESTLING

Grades 1 - 8
Registration: October 1-November 15, \$75
Start Date: December 11 (subject to change)

This is an instructional program which introduces youth wrestlers to the basic skills and conditioning exercises. T-shirt and head gear are provided. Competitions are not offered but youth tournaments may be provided as a competitive option. Program meets Tuesday & Thursday evenings, 6:30 to 8:30 PM at ELHS small gymnasium.

Check in with us frequently as new programs and community events become available. Our printed material is subject to change and is not intended to be an all-encompassing representation of offerings. Updates can be found at elrec.recdesk.com, on our Facebook page, or through our electronic newsletter.