



Youth & Young Adult Substance Use Services Directory



This directory lists programs licensed and/or funded by the Massachusetts Department of Public Health.

For free and confidential help finding the right youth residential substance use treatment program or other services addressing youth substance use call:

Youth Central Intake and Care Coordination (YCICC)

Toll free: 866-705-2807

Or 617-661-3991

TTY: 617-661-9051

www.healthrecovery.org

For free and confidential help finding services for people of all ages contact:

Massachusetts Substance Abuse Information and Education Helpline

1-800-327-5050

TTY 1800-439-2370

www.helpline-online.com

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Massachusetts Department of Public Health Bureau of Substance Abuse Services

The Massachusetts Department of Public Health (DPH) Bureau of Substance Abuse Services (BSAS) oversees substance use and gambling related prevention, intervention, treatment and recovery support services in the Commonwealth. Responsibilities include:

- licensing programs and counselors;
- funding and monitoring programs;
- developing policies;
- training and workforce development;
- tracking substance use trends in the state.

Bureau of Substance Abuse Services

250 Washington Street, 3rd Floor

Boston, MA 02108

Phone: 617-624-5111/TTY 888-448-8321

Fax: 617-624-5185

www.mass.gov/dph/bsas

Office of Youth and Young Adult Services (OYYAS)

The OYYAS designs, develops and oversees substance use related services for youth, young adults, and their families. Responsibilities include:

- building and supporting a full continuum of effective, accessible, and affordable substance use related services for youth and their families;
- promoting youth-focused, evidence-based practices to treat substance use;
- developing and supporting a service system that includes family members/caregivers;
- working with other state agencies to serve youth with substance use problems across systems.

OYYAS Staff

Director | 617-624-5381

Assistant Director | 617-624-5107

Administrative Specialist | 617-624-5339

Young Adult System Specialist | 617- 624-5330

Youth System Coordinator | 617- 624-5337

www.mass.gov/dph/youthtreatment

Finding the right treatment for adolescents

Below are some questions to consider when selecting a service or treatment program:

How do services get paid for? Some, but not all, services are covered by insurance. If your insurance does not cover the services offered by a program funded by the Department of Public Health, many programs will:

- make an assessment whether an individual or family can help pay for any portion of the services;
- work on a payment plan or a sliding scale fee if appropriate;
- try to access other forms of payment, like state funding that covers substance use treatment services.

Is the program licensed and does it have licensed staff trained in addiction treatment? All substance use treatment programs in the Commonwealth are required by regulation to be licensed by the Bureau of Substance Abuse Services. Many treatment providers employ staff that have specific substance use related credentials, like Certified Alcohol and Drug Counselors (CADAC) and Licensed Alcohol and Drug Counselors (LADC), or have other masters level clinicians, like social workers and mental health counselors, as staff members.

Does the program offer a full range of services that support the recovery process? A program should be able to offer or connect individuals and families to a variety of services supporting recovery from substance use and mental health problems and addressing other areas of life like housing, physical health, employment, and education.

Are services offered to support family members?

Many programs offer family education and support services. At a minimum, all programs should be able to refer families to resources and support groups in the community which offer help. Since youth and young adults with families involved in their treatment tend to have better outcomes, programs should involve families and caregivers as much as possible.

Is aftercare support and referral encouraged and provided? Programs should be able to refer and link individuals and families to a variety of professional and recovery supports upon discharge.

Outpatient Providers Serving Adolescents

The Massachusetts Department of Public Health, Bureau of Substance Abuse Services supports and licenses community-based outpatient programs. These programs provide assessment and counseling services for young people with a substance use problem and their families. Below is a list of outpatient providers who work with young people under the age of 18.

Call the licensed outpatient programs listed below directly to make referrals or to find out about services.

Boston Region

Adcare Hospital

14 Beacon Street, Suite 801 Boston, MA 02108
617-227-2622

Aftercare Services, Inc.

2 Lexington Street, Suite 1 Boston, MA 02128
617-567-4561

Bay Cove Human Services, Inc./Chelsea ASAP

100 Everett Avenue, Unit 4 Chelsea, MA 02150
617-884-6829 www.baycove.org

Boston Public Health Commission

South Boston Collaborative Center

8 Rev. Burke Street S. Boston, MA 02127
617-534-9500 www.southbostoncollaborativecenter.org

Boston Public Health Commission

774 Albany Street Boston, MA 02118
617-534-7411

Bridge Over Troubled Waters

47 West Street Boston, MA 02111
617-423-9575 www.bridgetw.org

Children's Hospital Boston

(Suboxone Treatment for Opioid Dependency Available)

300 Longwood Avenue Boston, MA 02115
617-355-2727 www.childrenshospital.org

Chelsea ASAP

100 Everett Avenue, Unit 4 Chelsea, MA 02150
617-884-6829

Codman Square Health Center

637 Washington Street Boston, MA 02124
617-825-9660

The Dimock Center

40 Dimock Street Roxbury, MA 02119
617-442-8800 www.dimockcenter.org

Fenway Community Health Center

1340 Boylston Street Boston, MA 02215
617-267-0900

Fenway Community Health Center

(Sydney Borum Health Center)

130 Boylston Street Boston, MA 02116
617-457-8140 www.jri.org

Fenway Community Health Center

142 Berkeley Street, 2nd Floor Boston, MA 02116
617-247-7555

Gavin Foundation, Center for Recovery Services

210 Old Colony Avenue South Boston, MA 02127
617-268-5000 www.gavinfoundation.org

Institute for Health and Recovery

95 Berkeley Street, Suite 201A Boston, MA 02116
617-849-6994 www.healthrecovery.org

Latin American Health Institute

95 Berkeley Street Boston, MA 02116
617-350-6900 www.lhi.org

Massachusetts General Hospital

Addiction Recovery Management Services
151 Merrimac Street Boston, MA 02114
617-983-6047 www.massgeneral.org

Massachusetts General Hospital

Addiction Recovery Management Services
16 Blossom Street Boston, MA 02114
617-726-2712

North Suffolk Mental Health Association

14 Porter Street East Boston, MA 02128
617-569-3189 or 617-501-4308
www.northsuffolk.org

Southern Jamaica Plain Health Center

640 Centre Street Boston, MA 02130
617-983-4100

Whittier Street Health Center

1290 Tremont Street Boston, MA 02120
617-427-1000

Central Region

Adcare Hospital

95 Lincoln Street Worcester, MA 01605
508-799-9000

Community Health Link

71 Jaques Street Worcester, MA 01610
508-860-1000/508-791-3261
www.communityhealthlink.org

LUK Inc.

545 Westminster Street Fitchburg, MA 01420
978-345-0685 www.luk.org

LUK Inc.

40 Southbridge Street Suite 4 Worcester, MA 01605
508-762-3000 www.luk.org

Youth Central Intake & Care Coordination

Call Youth Central Intake and Care Coordination to make a referral to youth residential services or to learn more about other youth substance use services.

866-705-2807/617-661-3991
TTY 617-661-9051

North Central Human Service

31 Lake Street Gardner, MA 01440
978-632-9400 www.northcentralhumanservices.org

Spectrum Outpatient Services

585 Lincoln Street Worcester, MA 01605
508-854-3320 www.spectrumhealthsystems.org

Youth Opportunities Upheld, Inc. (Y.O.U., Inc.)

81 Plantation Street Worcester, MA 01604
508-849-5600 www.youinc.org

Metro-West Region

Adcare Hospital

1419 Hancock Street, Suite 300 Quincy, MA 02169
617-328-0639

Advocates, Inc.

340 Maple Street Marlborough, MA 01752
508-485-9300 www.advocatesinc.org

Advocates, Inc.

354 Waverly Street Framingham, MA 017012
508-661-2020 www.advocatesinc.org

Bay State Community Services

19 Central Street Norwood, MA 02062
781-762-0060 www.baystatecs.org

Bay State Community Services

13 Temple Street Quincy, MA 02169 617-472-6027
www.baystatecs.org

Bay State Community Services

32 Common Street Walpole, MA 02081
508-668-3223 www.baystatecs.org

Bay State Community Services

549 Columbian Street Weymouth, MA 02190
781-331-1906 www.baystatecs.org

Genesis Counseling Services

24 Union Avenue, Suite 11 Framingham, MA 01701
508-620-2992 www.genescounselingservices.org

Institute for Health and Recovery

349 Broadway Cambridge, MA 02139
617-661-3991 www.healthrecovery.org

Mount Auburn Hospital

330 Mount Auburn St Cambridge, MA 02138
617-499-5052 www.mountauburnhospital.org

Riverside Outpatient Center

78 College Avenue Somerville, MA 02144
617-625-3278

South Bay Mental Health Center

541 Main Street Stetson Bldg Weymouth, MA 02190
781-331-7866

Northeast Region

Amesbury Psychological Center

24 Morrill Place, Amesbury, MA 01913
978-388-5700 www.amesburypsychological.com

Lowell House

555 Merrimack Street Lowell, MA
01854 978-459-8656 www.lowellhouseinc.com

Northeast Behavioral Health

800 Cummings Center Suite 266-T Beverly, MA
978-921-1190 www.nebhealth.org

Team Coordinating Agency, Inc.

76 Winter Street Haverhill, MA 01830
978-373-1181 www.teamca.net

The Psychological Center, Inc.

11 Union Street Lawrence, MA 01843
978-685-1337 www.psychologicalcenter.com

Southeast Region

Gosnold, Inc.

1185 Falmouth Road Centerville, MA 02632
508-540-6550 www.gosnold.org

High Point Treatment Center

10 Meadowbrook Road Brockton, MA 02301
508-842-4420 www.hptc.org

High Point Treatment Center

842 Purchase Street New Bedford, MA 02740
508-992-1500 www.hptc.org

High Point Treatment Center

2 School Street Plymouth, MA 02360
508-830-1234 www.hptc.org

High Point Treatment Center

4 Post Office Square Taunton, MA 02780
508-823-5291 www.hptc.org

Old Colony Y Mental Health

15A Bolton Place Brockton, MA
508-583-2155 www.oldcolonymca.org

Seven Hills Behavioral Health

34 Gifford Street New Bedford, 02744
508-999-3126 www.sevenhills.org

Seven Hills Behavioral Health

1402 Pleasant Street Fall River, MA 02723
508-679-0962 www.sevenhills.org

South Bay Mental Health

37 Belmont Street Brockton, MA 02301
508-580-4691 www.southbaymentalhealth.com

Stanley Street Treatment and Resources, Inc

386 Stanley Street Fall River, MA 02720
508-679-5222 www.sstar.org

Western Region

The Brien Center

60 Cottage Street Great Barrington, MA 01230
413-528-9156 www.briencenter.org

The Brien Center

124 American Legion Drive North Adams, MA 01247
413-664-4541 www.briencenter.org

The Brien Center

251 Fenn Street Pittsfield, MA 01201
413-496-9671 www.briencenter.org

The Carson Center for Human Services

77 Mill Street Westfield, MA 01085
413-568-1421 www.carsoncenter.org

Child Guidance Clinic, Behavioral Health Network, Inc.

110 Maple Street Springfield, MA 01105
413-732-7419 www.bhninc.org

Clinical & Support Options

8 Atwood Drive Northampton, MA 01060
413-582-0471 www.csoinc.org

Gandara Center, Inc.

2155 Main Street Springfield, MA 01104
413-736-0395 www.gandaracenter.org

Phoenix Family Intervention Program

15 Mulberry Street Springfield, MA 01105
413-739-2440 www.phoenixhouse.org

Wing Memorial Hospital Griswold Center

40 Wright Street Palmer, MA 01069
413-283-7651 www.umassmemorial.org

Youth Stabilization and Detoxification Programs

The two youth stabilization programs in Massachusetts were developed to meet the growing need for a full, effective, and responsive system of substance use treatment services for adolescents. These programs provide youth in crisis with a safe, short-term treatment environment. Youth receive the assessment, treatment, supervision, and medical monitoring necessary to help with detoxification and emotional stabilization.

Once stabilized, youth receive a full psychosocial assessment about their current needs. With this information, staff can develop appropriate treatment and aftercare plans. Thorough assessments allow staff at these programs to make referrals to appropriate services, supports, and resources for youth and their families.

The youth detoxification and stabilization services are for male, female, and transgender identified individuals between the ages of 13 and 17. An average duration is 14 days, but an individual's length of stay may depend on:

- clinical needs identified during the assessment;
- progress toward treatment goals;
- development of an appropriate aftercare plan;
- number of days covered by insurance.

Call the stabilization programs listed below to make a referral or for more information about their services.



**Motivating Youth Recovery
Community Healthlink, Inc.**

Worcester, MA

508-860-1244

TTY 508-860-5641

www.communityhealthlink.org



The CASTLE

Clean and Sober Teens

Living Empowered

High Point Treatment Center

Brockton, MA

508-638-6000

www.hptc.org

Youth Residential Treatment Programs

In general, residential substance use treatment is appropriate for youth who:

- are not currently at risk for medically complicated withdrawal from alcohol or other drug use;
- are experiencing health, emotional, family, and/or social problems due to their alcohol or other drug use;
- have not been able to address their substance use problems in less intense levels of care like outpatient counseling or support groups. (Prior substance use treatment is not a requirement);
- are 13 to 17 years old.

The state currently funds 1 female and 3 male youth residential programs in Massachusetts. All 4 programs serve transgender-identified youth. The length of stay varies based on treatment needs and can be up to 90 days.



Highland Grace House

Worcester, MA

866-705-2807

617-661-3991

TTY 617-661-9051

Youth Residential Treatment Programs

All youth at residential treatment programs can expect:

- qualified, credentialed staff to work with youth and their family/caregivers to create an individual treatment plan;
- developmentally appropriate individual, group, and family counseling services;
- an educational coordinator to develop educational objectives with the youth's school;
- a highly structured, alcohol and drug free environment;
- a discharge plan that includes identifying and linking youth and their families to services and resources in the community to support ongoing recovery after treatment. (For example: outpatient counseling; case management; and community-based support groups.)



**Project
Rebound**
Boston, MA

There are various means of paying for residential services. Currently, insurance plans do not cover residential treatment services. The youth residential programs are all licensed and regulated by the Massachusetts Department of Public Health (MDPH)—Bureau of Substance Abuse Services (BSAS). Programs are funded by MDPH—BSAS and by families/caretakers having the financial means to pay for all, or some, of the treatment costs. If a family or individual cannot pay for services, this will not be a barrier to admission and participation in the treatment program.



**Lahey/Northeast
Behavioral Health
Adolescent
Residential Program**
Danvers, MA
866-705-2807
617-661-3991
TTY 617-661-9051

Youth Residential Treatment Programs

Every effort is made to serve youth within their communities. However programs will also accept youth from across the state and will coordinate and provide transportation as needed. Admission to a specific program is based on youth and family choice as well as bed availability. The 4 youth residential programs are located in: Boston, Danvers, Springfield, and Worcester.



Phoenix House Academy

Springfield, MA

866-705-2807

617-661-3991

TTY 617-661-9051

Youth Central Intake & Care Coordination

Call Youth Central Intake and Care Coordination to make a referral to youth residential services or to learn more about other youth substance use services.

866-705-2807 | 617-661-3991

TTY 617-661-9051

Transitional Age Youth and Young Adult Residential Programs

The young adult residential programs provide a nurturing, structured, and safe environment for young people. These programs promote self-care, self-reliance, and community responsibility through structured activities and the experience of living in an alcohol and drug free residential treatment setting. An average length of stay is 4 to 6 months depending on treatment and recovery related goals. Services include: assessment; comprehensive substance use treatment; mental health counseling referrals; case management and coordination; psycho-education on a variety of topics relating to health and wellbeing; life skills enhancement; vocational/educational support; recovery support; parent/care giver support; and aftercare planning.

Call the Transitional Age Youth and Young Adult residential programs directly to make a referral or for more information about their services.



Gavin Foundation, Cushing House

(separate houses for males
and females, ages 16-20)

S. Boston, MA

617-269-2933

TTY 617-269-2944



Pegasus House

(female, age 18-25)
Psychological Center
Lawrence, MA 01840
978-687-4257



**Spectrum Young
Adult Residential**

(male, age 18-25)
Spectrum Health
Systems
Westborough, MA
508-892-1010

Recovery High Schools

Recovery high schools are four-year high schools for youth who are experiencing a problem with substance use. Recovery high schools were created to provide educational environments suited to support youth recovering from substance use disorders.

The 5 recovery high schools are located in Beverly, Boston, Brockton, Springfield, and Worcester. Residents outside these districts can attend. Each school has the capacity to serve 30-50 students and each uses a similar model while still reflecting the culture and needs of their local communities.

The schools provide a comprehensive academic curriculum consistent with Massachusetts State Standards, MCAS testing protocols, and course requirements of the student's school district. All of the schools can serve students who have Individualized Education Plans (IEP).

The schools actively support students in their recovery by providing smaller class sizes; individualized attention; licensed counseling services; and daily group meetings where students are able to discuss and process issues related to their education and recovery. The schools strongly encourage and provide opportunities for caregiver involvement and are jointly funded by the Massachusetts Department of Public Health Bureau of Substance Abuse Services, local school districts, and educational collaboratives/consortiums.

Call the recovery high schools listed below to make a referral or for more information about their services.

William J. Ostiguy High School

19 Temple Place
Boston, MA 02111
617-348-6070 | TTY 617-423-9215

Independence Academy

460 Belmont Street
Brockton, MA 02301
508-510-4091

North Shore Recovery High School

502 Cabot Street
Beverly, MA 01915
978-922-3305

Liberty Preparatory Academy

37 Alderman Street
Springfield, MA 01108
413-750-2484 | TTY 413-750-2484

Central Massachusetts Special Education Collaborative

20 Rockdale Street
Worcester 01606.
508-459-5463

Family Intervention Programs

Family Intervention programs use evidence-based practices to engage adolescents, young adults, and family members. Services provide clinical intervention and support focused on engaging the individual with an active substance use problem into treatment and/or recovery services. These programs also provide ongoing support, skill building, and resource development for care takers and family members.

There are currently two models being supported by BSAS, the Adolescent Community Reinforcement Approach and Assertive Continuing Care (ACRA/ACC) and the ARISE model. ACRA/ACC works with the youth/young adult to support their strengths; foster community supports; and build coping skills. Clinicians offer case management which can include transportation and support for job and education related searches. Culturally competent clinicians provide home-based services for the young person and their family member/caregiver. These services typically run for 3-6 months and are available in some areas in Spanish and Portuguese.

The ARISE model meets the need for supporting family members and concerned others to find help for a loved one who may not be willing to enter substance use treatment.

Certified ARISE specialists work with family members and provide phone consultation, coaching, and planning to build a support system with the goal of motivating their loved one into treatment and recovery.

Call the family intervention programs listed below to make a referral or for more information about their services.

ACRA-ACC Providers

Institute for Health and Recovery

349 Broadway, Cambridge, MA 02139
617-661-3991 | www.healthrecovery.org

LUK Crisis Center, Inc.

545 Westminster Street, Fitchburg, MA 01420
978-345-0685 | www.luk.org

North Suffolk Mental Health

14 Porter Street East Boston, MA 02128
617-569-3189 or 617-501-4308
www.northsuffolk.org

Phoenix Houses of New England

15 Mulberry Street Springfield, MA 01105
413-739-2440 | www.phoenixhouse.org

The Brien Center for Mental Health and Substance Abuse

251 Fenn St Pittsfield MA 01201
413-499-0412 | 24 hour Crisis Hotline 800-252-0227
www.briencenter.org

Center for Recovery Services

1433R Hancock Street, Quincy MA 02169
617-847-1513 | www.gavinfoundation.org

ARISE Providers

Gosnold, Inc.

200 Ter Heun Drive,
Falmouth, MA 02540
508-540-6550 | www.gosnold.org

Stanley Street Treatment and Resources, Inc.

386 Stanley Street Fall River, MA 02720
508-558-0376 | www.sstar.org

Advocates

1881 Worcester Rd,
Framingham, MA 01701
508-324-0376 | www.sstar.org

The ARISE model helps loved ones who may not be willing to enter substance use treatment.

Intervention Programs for Youth

MassSTART School-based Intervention Programs

MassSTART is a school-centered intervention program, which has proven positive outcomes for youth, their families, and the community. MassSTART serves youth 8 to 13 years old at high risk for or experiencing criminal justice involvement; substance use; family violence; and school, social, and/or behavioral problems. Case workers use a positive youth development framework to coordinate and provide support and services at school and in the home. DPH/BSAS supports the MassSTART intervention model with programs currently running in South Boston, Dorchester, and Winthrop.

Call the School-Based MassSTART programs listed below for more information about their services.

Wediko Children's Services

72-74 E. Dedham Street, Boston, MA 02118
617-292-9200 | www.wediko.org

North Suffolk Mental Health Association

14 Porter Street, East Boston, MA 02128
617-569-3189 | www.northsuffolk.org

Department of Youth Services (DYS) MassSTART Intervention Programs

DPH/BSAS has partnered with the Department of Youth Services (DYS) to adapt and implement a juvenile justice MassSTART model in the Commonwealth. DYS is utilizing the core of MassSTART to address the needs of youth in the juvenile justice system. There are six sites across the state in Holyoke, Springfield, Lawrence, Taunton, Bourne, and Lowell. To enroll in DYS MassSTART, a youth must be at risk for using alcohol and other drugs; and have family members willing to participate.

Call DYS at the number listed below for more information about the DYS MassSTART program.

Department of Youth Services

617-727-7575 | www.mass.gov/dys

To enroll in DYS MassSTART, a youth must be at risk for using alcohol and other drugs; and have family members willing to participate.

ROCA

Roca is an organization helping high-risk young people ages 17-24 who are either street, court, or gang-involved; not engaged in school; young parents; refugees; and/or immigrants. ROCA combines outreach, intervention, and skill building with education and employment to produce consistent and positive outcomes for young people. ROCA serves the communities of Chelsea, Revere, Everett, Boston, East Boston, and Springfield.

ROCA

101 Park Street
Chelsea, MA 02150
617-889-5210

Bridge Over Troubled Waters

Bridge Over Troubled Waters (BOTW) has two housing support programs for homeless young adults who have a history of substance abuse. One program offers transitional housing services for 16 to 21 year old homeless young women who are pregnant or have a young child. The other program offers transitional housing support to single young adults and serves men and women. The transitional living program emphasizes responsibility, personal growth, and communication. Residents learn life skills and get help

with finding permanent housing; getting a job; and/or filling out school applications. For young families involved with BOTW additional emphasis is placed on parenting skills and child development.

Bridge Over Troubled Waters

47 West Street Boston, MA 02111

617-423-9575 | TTY 617-423-9575 x355

www.bridgeotw.org

Somerville Homeless Coalition Sobriety and Stability (S&S)

In collaboration with the Department of Public Health and the U.S. Department of Housing and Urban Development (HUD), Sobriety and Stability provides permanent housing and support services in Arlington to 22 homeless young adults ages 18-24. Residents are recovering from addiction and have a strong commitment to their continued recovery.

Somerville Homeless Coalition

1 Davis Square Somerville, MA 02144

617-623-6111

www.somervillehomelesscoalition.org

South Middlesex Non-Profit Housing Corporation

The Young Adult Residential Case Management Program provides structured, sober housing and services for young adults ages 18-24, who are homeless and in the early stages of recovery from alcohol and other drug addiction. The program provides peer support groups, relapse prevention support, recovery skills groups, and assistance in accessing medical/psychiatric/dental care, career counseling, and GED preparation.

SMOC

7 Bishop Street
Framingham, MA 01702
508-872-4853/508-620-2451
www.smoc.org

SAFE

SAFE is a capacity building initiative to increase treatment admissions across Massachusetts for underserved adolescent populations with substance use disorders. This BSAS-funded project is managed by the Institute for Health and Recovery (IHR). SAFE offers:

- consultation to adolescent providers;
- workshops to educate parents and community providers about available substance use treatment resources for adolescents;

- co-facilitation of psycho-educational drug and alcohol groups for adolescents using a train-the-trainer model;
- co-facilitation of parent support groups using a train-the-trainer model and the curriculum “Parent Time: Supporting Yourself & Your Child” for parents with adolescents who are using alcohol and other drugs;
- peer leader trainings on adolescent substance use issues;
- evidenced based treatment and case management services for youth with substance use issues who may not access traditional forms of treatment.

For more information on SAFE training and consultation, including Parent Time Trainings, call:

The Institute for Health and Recovery (IHR)

Toll Free 866-705-2807 or 617-661-3991

healthrecovery.org

Marijuana Education for Youth Statewide Ballot Initiative—Question 2

On November 4, 2008, Massachusetts voters passed Ballot Question 2, “An Act Establishing a Sensible State Marijuana Policy.” Under this law youth under age 18 who receive a citation for possession of under one ounce of marijuana must complete a Drug Awareness Program.

This includes at least four hours of a drug awareness class, ten hours of community service, and payment of a \$100 fine. Classroom sessions are scheduled throughout the state based on demand.

The Question 2 Project Specialist provides state-wide coordination of the Drug Awareness Program through the Institute for Health and Recovery (IHR).

Institute for Health and Recovery (IHR)

Toll Free 866-705-2807 or 617-661-3991
healthrecovery.org

Children’s Behavioral Health Initiative (CBHI)

The Children’s Behavioral Health Initiative (CBHI) is an interagency initiative of the Commonwealth’s Executive Office of Health and Human Services (EOHHS). CBHI’s mission is to strengthen, expand, and integrate Massachusetts state services into a comprehensive, community-based system of care, to ensure families and their children with significant behavioral, emotional, and mental health needs obtain the services necessary for success in home, school and community.

Children’s Behavioral Health Initiative (CBHI)

mass.gov/eohhs/gov/commissions-and-initiatives/cbhi

Parent/Guardian Support & Advocacy

12 Step Support Groups are for family members of individuals who have experienced a problem with drugs or alcohol. Groups offer “mutual” or “peer” support so families can support each other with this challenging issue.

- Al-Anon www.ma-al-anon-alateen.org
- Families Anonymous www.familiesanonymous.org

Allies in Recovery (AIR) is a DPH supported online support resource which provides families with a way to change the conversation about addiction. AIR uses the Community Reinforcement and Family Training (CRAFT), a proven approach that helps the family unblock and advance the relationship towards sobriety and recovery and to engage a loved one into treatment. AIR gives free unlimited membership for Massachusetts Residents, just use your zip code as the promotional code. Visit alliesinrecovery.net

Learn To Cope (LTC) is DPH funded parent/family support program developed by a mother who’s son was struggling with opioid addiction. LTC is a place where parents can get support from other parents who have had similar experiences with a child who may be using drugs or alcohol. LTC meetings are held in many Massachusetts communities and parents can be

trained in Narcan Administration to help prevent a fatal opioid overdose. See below for brief a description about Narcan training.

508-738-5148

www.learn2cope.org

Massachusetts Organization For Addiction Recovery

(MOAR) is a DPH funded organization of people in recovery, their families, and allies, that provides support to the recovery community; addresses the negative stigma of addiction; and educates policy makers and the general public about the needs of people impacted by substance use.

877-423-6626 | 617-423-6627

www.moar-recovery.org

Overdose Prevention—Narcan (Naloxone) is a medication used to safely reverse a potentially fatal opioid overdose. At Learn to Cope meetings family members can learn to recognize signs of an overdose and be trained on how to prevent a fatal overdose, including use of Narcan during an overdose.

508-738-5148 | www.learn2cope.org

Also visit www.mass.gov and search for “Overdose Prevention”

Getting Information On Health Insurance.

My Health Care Options provides accurate, up-to-date, and easy to understand information about insurance choices. This information comes from state, federal, and independent sources.

617-573-1600 | www.mass.gov/myhealthcareoptions

MassHealth provides comprehensive, publicly funded health insurance to more than one million Massachusetts children, families, seniors, and people with disabilities.

888-665-9993 | www.mass.gov/MassHealth

The Health Connector has information on health insurance plans that may be an option for Massachusetts residents.

877-MA-ENROLL | 1-877-623-6765

TTY 877-623-7773 | www.mahealthconnector.org

Health Care For All is a health advocacy organization providing residents of Massachusetts with information and resources to help navigate the health care system. They offer resources such as a consumer helpline and other information on health coverage in Massachusetts.

800-272-4232 | www.hcfama.org

Health Policy Commission – Office of Patient

Protection can help you understand the requirements of your health insurer and help you make an appeal if your health insurer has denied a claim or access to services. The Office can also make a medical review of the case to see if services should be covered.

800-436-7757 | www.mass.gov

Search for “Office of Patient Protection”

Massachusetts Department of Public Health Bureau of Substance Abuse Services

For more information and to download or order free youth related materials contact:

Massachusetts Health Promotion Clearinghouse

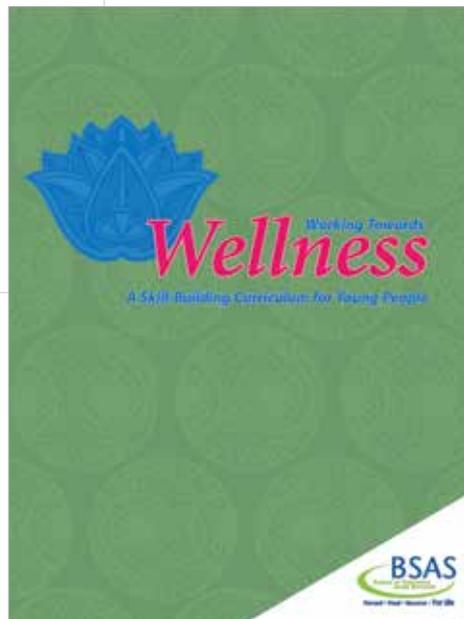
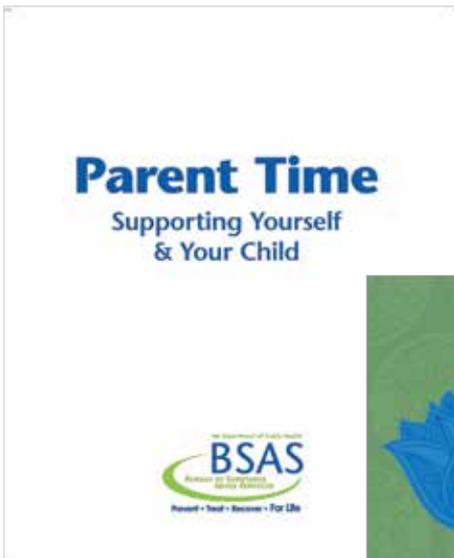
617-279-2240 ext. 326

www.mass.gov/maclearinghouse



Institute for Health and Recovery For Helping Professionals.

For more information on the Parent Time or Wellness Curriculum call the Institute for Health and Recovery (IHR)
617-661-3991 | Toll Free 866-705-2807



MA Department of Public Health Materials

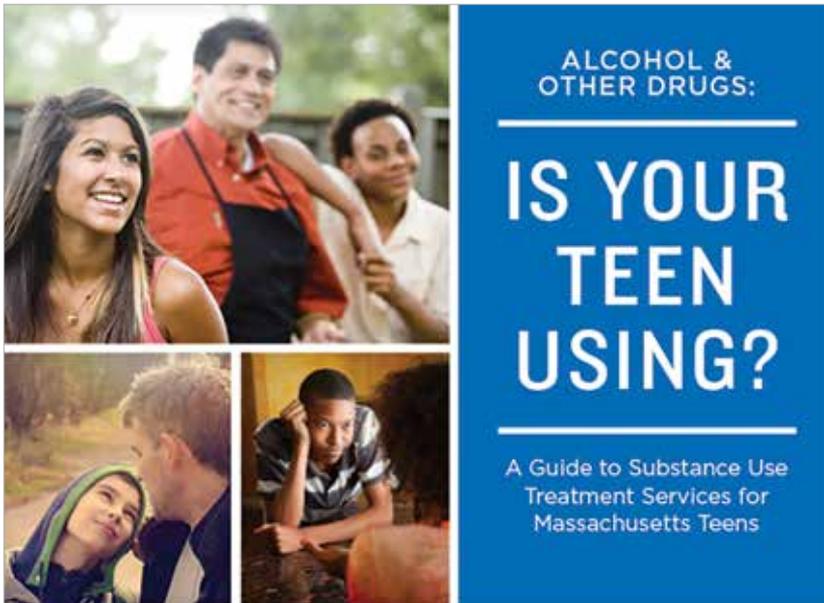
This is a sample of the many pamphlets available for free at the Massachusetts Health Promotion Clearinghouse

For more information and to order youth related materials contact:

Massachusetts Health Promotion Clearinghouse

617-279-2240 ext. 326

www.mass.gov/maclearinghouse



Quick Phone Guide for Substance Use Services for Young People

For free and confidential help with finding the right program for youth with a substance use problem, call:

Youth Central Intake and Care Coordination (YCICC)

866-705-2807 | 617-661-3991

Youth Detoxification & Stabilization Units

Motivating Youth Recovery (MYR) Worcester, MA
508-860-1244 | TTY 508-860-5641

C.A.S.T.L.E.

(Clean and Sober Teens Living Empowered)
Brockton, MA
508-638-6000

Youth Residential Programs

For information and access to the youth residential programs in Danvers (male); Springfield (male); Boston (male); and Worcester (female), call:

Youth Central Intake & Care Coordination Institute for Health and Recovery

Toll Free 866-705-2807 or 617-661-3991

Transitional Age Youth & Young Adult Residential Treatment Programs

Cushing House

(separate houses for males and females, ages 16-20)
South Boston, MA
617-269-2933 | TTY 617-269-2944

Pegasus House

(18-25 year old females)

Lawrence, MA 978-687-4257

Spectrum Young Adult Residential

(18-25 year old males)

Westborough, MA 508-898-1570

Recovery High Schools

William J. Ostiguy High School

Boston, MA

617-348-6070 | TTY 617-423-9215

Independence Academy

Brockton, MA

508-510-4091

North Shore Recovery High School

Beverly, MA

978-922-3305

Liberty Preparatory Academy

Springfield, MA

413-750-2484 | TTY 413-750-2484

Central Massachusetts Special Education Collaborative

Worcester, MA,

508-459-5463

Notes

Notes

Please distribute freely.

For questions about this directory
or to report corrections or missing
information please contact:

Massachusetts Department of
Public Health Bureau of Substance
Abuse Services

250 Washington Street, 3rd Floor
Boston, Massachusetts 02108
617-624-5111 TTY 888-448-8321
www.mass.gov/dph/bsas

Call The Office of Youth and Young
Adult Services at 617-624-5381

To order this directory visit
www.mass.gov/maclearinghouse

SA3533



*Massachusetts Department of Public Health
Bureau of Substance Abuse Services
Office of Youth and Young Adult Services*