

HAMPDEN COUNTY MRC 'S SPRING TRAINING EVENT: YOU ARE THE HELP UNTIL HELP ARRIVES!



THURSDAY, MARCH 28, 2019: INTRODUCTION TO PROVIDING ASSISTANCE AS A LAY PERSON

THURSDAY, APRIL 25, 2019: HANDS ONLY CPR (NO CERTIFICATION)

THURSDAY, MAY 30, 2019: STOP THE BLEED*

THURSDAY, JUNE 20, 2019: NARCAN TRAINING*

***THESE TRAININGS MAY BE REVERSED**

ALL TRAININGS OPEN TO EVERYONE AND WILL BE HELD: "Richard Salter Storrs Library", 693 Longmeadow Street, Longmeadow, MA.

CHECK-IN 6:00-PM; PROGRAM 6:15 PM-8:00 PM

Pre-registration required: loisluniewicz@comcast.net

NO LATER THAN THE MONDAY BEFORE EACH TRAINING or REGISTER FOR ALL FOUR AT THE SAME TIME by Monday, MARCH 25TH.

NOTE: ATTENDEES WHO PARTICIPATE IN ALL FOUR TRAININGS WILL BE ENTERED FOR A DRAWING

DIRECTIONS: Route 91 South to Exit # 1 "Longmeadow , Forest Park" (approximately one mile south of the Basketball Hall of Fame, Springfield).

Continue straight ahead through the traffic light at the top of the exit ramp on US Route-5 South/Longmeadow Street. The Richard Salter Storrs Library is 1.3 miles from the highway on Longmeadow Street/Route 5-S on your left approximately 1/4 mile beyond Baypath University.